



Mental Health Victoria

Collaboration • Knowledge • Leadership

Foundations in Peer Work

Wednesday 19th June - Tuesday 25th June 2019 (excl. Sat & Sun)

An essential introduction to peer work for consumers and carers who are, or who want to be peer workers.

Audience

- Consumers or carer currently working as peer workers
- People whose organisations have identified them as prospective peer workers
- Students wanting to sample the Cert IV Mental Health Peer Work

Aims

At completion of this course, students should be able to:

- Understand a range of frameworks and approaches applicable to peer work
- Understand the diversity of roles and skills required by a peer worker
- Explore consumer and carer preferences, values, needs and goals
- Work within international, national and state legislative frameworks including the Mental Health Act 2014 and the National Mental Health Standards.
- Navigate the mental health system in order to facilitate access to resources, information and services.
- Have a thorough understanding of ethical decision making, boundaries, duty of care and dignity of risk and how these impact on consumers, workers and organisations.
- Use their lived experience in meaningful and purposeful ways.
- Manage risk in sharing stories
- Understand trauma, vicarious trauma, re-traumatisation and the importance of self-care
- Be able to plan, resource, facilitate and evaluate groups common to peer work.

Outline

Workshop content will include:

- Day 1 – Approaches and frameworks of peer work practice
- Day 2 – Understanding the role of the peer worker
- Day 3 – Legal and ethical considerations
- Day 4 – Using lived experience effectively
- Day 5 – Developing and facilitating groups

Facilitator
Lorelle Zemunik

Further Information

Cost

Full Fee Individuals \$895
Unwaged/Concession \$450
(This rate is for concession card holders whose employers are not contributing to their training costs)

All course materials are included.

To Register

Please visit the Mental Health Victoria website www.mhvic.org.au and register online.

Public Transport

Mental Health Victoria is located next to Elsternwick Train Station (Sandringham line), bus, and tram stops.

Location

Mental Health Victoria
Level 2, 22 Horne Street
Elsternwick VIC 3185

Customised In-house Training

Mental Health Victoria can customise any of our training and professional development programs to meet your specific organisational needs, and then deliver at your chosen site(s).

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